



## **ASPEN MEDICAL MONITORING**

### **NIGHT OXIMETRY INSTRUCTIONS**

- 1. When you go to bed place finger probe on your finger, either hand or any finger. Insert your finger where the white cord meets the blue clip. Make sure the white cord is running along the top of your hand.**
- 2. Place a piece of tape around your finger to hold the cord in place.**
- 3. Press the  button. This turns on the monitor.**
- 4. Sleep.**
- 5. If for any reason you must get up at night, DO NOT turn off the monitor. You may remove the probe from your finger or carry the monitor with you.**
- 6. When you awaken for the day, press the  button. This turns off the monitor.**
- 7. Please place the monitor in box provided and mail back to Aspen Medical Monitoring.**
  - a. IF YOU ARE ONLY TAKING A NIGHT TIME TEST, DO THE TEST THE DAY YOU RECEIVE THE MONITOR.**
  - b. IF THE PROBE COMES OFF, REPLACE ON FINGER, TURN THE MONITOR BACK ON AND CONTINUE THE TEST.**
  - c. PLEASE DO NOT REMOVE THE TAPE ATTACHED AT THE BOTTOM OF THE MONITOR. THE BATTERIES WILL FALL OUT AND YOUR TEST WILL BE DELETED.**

**CALL 303.429.0509 OR 1.800.653.7015 WITH QUESTIONS**